

**Confessors of „Monastic Philosophy”. The Spiritual Works at:  
Saint Anthony the Great, Saint Pachomius the Great and Avva  
Evagrius from Pont**

**Fr. Lecturer PhD IONIȚĂ APOSTOLACHE,  
University of Craiova,  
nutuapostolache@yahoo.com**

**Abstract**

The Christian life and attitude can take different forms. The monastic life is one of them and it helps us to see the world through different lens. The spiritual ascension, the ascetical or the martyric one, is an assumed life for and in Christ, the Son of God. Since the beginning, the Christian logic was against the human logic. But this was like an attraction for many pagans. To exemplify this new attitude towards life, we present the most important models of monks from the first centuries of Christianity. First, we speak about the life of Saint Anthony the Great, then about Saint Pachomius the Great and we end up with Evagrius from Pont. Indeed, they are truly confessors of the monastic philosophy and we demonstrate in this article this reality.